



Lice Treatment Instructions:

Day 1

1. (Best when hair is dry, although can be “misted” a little) - Saturate the scalp with 2-4 oz. of Dimethicone oil. Massage oil into scalp so that entire scalp is saturated with oil. Leave on for 30 minutes and wash out with shampoo (and conditioner if preferred). (tip: use a little Dawn Liquid Dish washing detergent to break the oil out of the hair. Rinse and repeat until oil is out of hair).
2. Rub combing solution into roots of hair (if combing solution was also purchased). Let sit for 20 minutes
3. Separate long hair into three sections, right front, left front and back
4. Begin combing right front section. Comb in every direction, wiping comb clean on a paper towel after each swipe. Continue combing until you have 20 clean swipes, where nothing else is coming off onto the comb.
5. Move to the back section, and comb until you get 20 clean swipes
6. Move to left front section, again combing until you get 20 clean swipes, with no more nits coming off the hair.

Days 2-4

1. Separate long hair into three sections, just as you did yesterday
2. Repeat combing technique from Day 1

Day 5

1. Saturate the scalp with 2-4 oz. of Dimethicone oil. Massage oil into scalp so that entire scalp is saturated with oil. Leave on for 30 minutes and wash out with shampoo. Follow instructions from Day 1.
2. Separate hair into three sections, and comb just as you have been doing

Days 6-9

1. Separate long hair into three sections
2. Comb as you have been. You should be finding fewer and fewer nits each day. Even if you are no longer finding nits, it is imperative that you continue combing anyway

Day 10

1. Saturate the scalp with 2-4 oz. of Dimethicone oil. Massage oil into scalp so that entire scalp is saturated with oil. Leave on for 30 minutes and wash out with shampoo. Follow instructions from Day 1.
2. Separate long hair into three sections
3. Comb each section. You should not find any more nits by this point
4. It's highly recommended to book an appointment for head checks so we can assure you that everyone is lice/nit free. Call us with any questions!
 - a. Jax – 904.517.4087
 - b. Sav – 912.988.4099
 - c. Orlando – 407.618.1175